



Rescuing Food. Reducing Waste. Relieving Hunger.

# 2025 IMPACT REPORT

# FROM OUR EXECUTIVE DIRECTOR

Dear Friends,

I am in awe of what we are accomplishing together.

The idea behind food rescue is a simple one: too much good food goes to waste, while too many people struggle to access enough healthy, nourishing food for themselves and their families. This is a solvable problem. **There IS enough food for everyone.**

Turning that idea into action, however, takes an entire community. And thankfully, every day, you show up – ready to help.

Whether you have run a rescue, made a gift, sorted food for donation, loaded fresh groceries into a neighbor's car at a distribution, or simply asked your local restaurant or deli, "what do you do with your surplus food?" – **the impact we achieve is because of you.**

**In 2025, we rescued more fresh, healthy food than ever before, and we could not have done it without your commitment and compassion.**

Together, we are making food sustainability a reality in New Jersey – keeping perfectly good food out of our landfills, while ensuring children and families, seniors, veterans, and so many others have access to nutritious food.

**Together, we are turning surplus into sustenance for our neighbors who need it most.**

I am incredibly thankful for all that you make possible.

Let's keep the good work going.

With deep gratitude,



Heather Thompson  
Executive Director, Table to Table  
hthompson@tabletotable.org



# OUR MISSION & MODEL

Nearly **1.1 million of our New Jersey neighbors face food insecurity**, while nearly **3 billion pounds of food is wasted each year**. Our mission is to build a more sustainable and equitable food system by rescuing surplus, healthy food and delivering it for free to communities who need it most – **ensuring no good food goes unused and no neighbor goes hungry**.

Every day, Table to Table's trucks and volunteers are on the road, rescuing surplus **produce, meat and fish, dairy, and fresh bread** – food that would otherwise go to waste – from food businesses of all types and sizes. This nourishing food is delivered to community partners throughout **Bergen, Essex, Hudson, Morris, and Passaic** counties.

## 2025 AT A GLANCE

**466**  
**FOOD DONORS**

Supermarkets  
Restaurants  
Meal Kit Companies  
Manufacturers and Wholesalers  
Importers and Distributors  
School and Corporate Cafeterias

**6 Refrigerated Trucks**



**Over 25 Million Meals**



**510 I-Rescue Volunteers**

**276**  
**COMMUNITY PARTNERS**

Food Pantries  
Schools  
Shelters and Group Homes  
Local Distribution Hubs  
Senior Centers  
Family and Daycare Programs  
Veterans Programs

## PARTNER SPOTLIGHT: FROM TERMINAL TO TABLE



Have you ever grabbed a snack before a flight and wondered, “what happens to the food that doesn't sell?” Thanks to our **partnership with Newark Liberty International Airport**, those ready-to-eat wraps, salads, and healthy bites aren't wasted – they're delivered to our neighbors in need! With truck pickups three times a week, we've rescued enough food for **53,000 meals so far**, and the collaboration continues to grow!

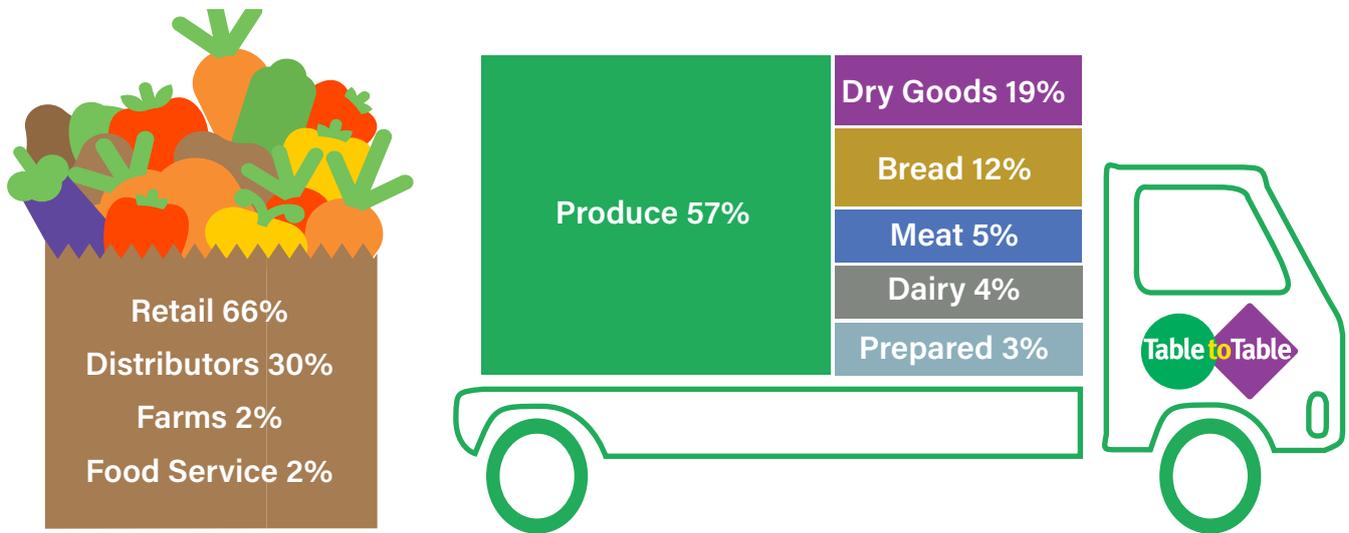


Scan to view  
an interactive  
map of our  
partner  
network!

# RESCUING FOOD

Working with food businesses of all types and sizes – from **farms, distributors and wholesalers, to supermarkets, restaurants, and school cafeterias** – Table to Table rescues surplus, fresh food including produce, wholesome dairy, and lean proteins that would have otherwise gone to waste. Rather than end up in landfills, this nourishing food makes its way onto the dinner tables of families in need.

## 25,142,017 POUNDS RESCUED IN 2025



# REDUCING WASTE

Food waste in landfills is a leading source of methane – a climate pollutant 30 times stronger than CO<sub>2</sub>. By eliminating food waste, we dramatically **reduce emissions, creating a healthier future for all.**

Since 1999, the food we have rescued translates to:

Reducing



**612**  
Metric Tons  
of Methane\*

Eliminating



**9,674**  
Cars Driven  
for 1 Year\*

Saving



**5.4**  
Million Gallons  
of Water\*



\*Based on ReFED Impact Calculator

# RELIEVING HUNGER

We believe that **access to fresh, healthy food is a basic human right** – not a privilege. Every single pound of food we rescue helps ensure that everyone can thrive with the nourishment they need and deserve.

## MAKING AN IMPACT SINCE 1999



**133,271**

**Tons of Food Rescued**



**Millions of NJ**

**Neighbors Nourished**



**266,542,863**

**Healthy Meals Delivered**

## MEET LaTOYA AND HER FAMILY

LaToya has a smile that warms a room; she is friendly, nurturing, and incredibly family focused. Her son, Sterling, is 22 and living with sickle cell disease, autism, and epilepsy. Her daughter, Praise, is 12, full of energy and potential. Like any mother, LaToya wants the best for her children. But the challenges of caring for her son's needs are overwhelming – especially the need for a highly nutritious diet to keep his health stable.

**The fresh, nourishing food they receive from Table to Table – food that would have otherwise been discarded – is more than just groceries. It's a lifeline.** It means she can provide her children with healthy meals she otherwise could not afford.

*“When we get food from Table to Table, we always get a lot of healthy vegetables & fruits. It means nourishment. It means health.”*

— LaToya

Watch LaToya's story.  
Learn how we're making  
a difference in her life!



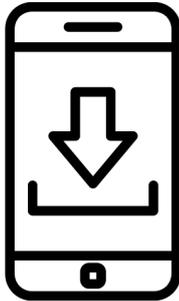
# I-RESCUE APP: EMPOWERING VOLUNTEERS

Since launching in 2021, our **I-Rescue App** has achieved **exponential growth** and **transformed the way we reduce food waste and relieve hunger**. Thanks to its ease of use, flexibility, and convenience, the App has empowered hundreds of dedicated volunteers to rescue fresh food using their own vehicles and nourish neighbors in their own communities.

We're grateful for our dedicated Food Rescue Heroes! **A glimpse at the App's 2025 impact:**



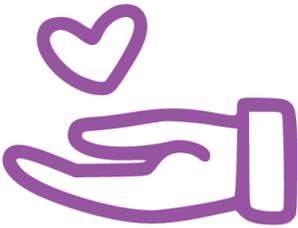
**510**  
Volunteers



**10,839**  
Rescues



**2.3 Million**  
Pounds Rescued



**\$400,718\***  
Value of Our  
Volunteers

## SALUTING VOLUNTEERISM



*“Food waste while people go hungry in the richest nation in the world is senseless. I have always wanted to help ease suffering in the world. The I-Rescue App has changed my life in the past year. I couldn’t be more grateful.”*

— Kaleb, I-Rescue Volunteer

Become a Food Rescue Hero.  
Download our I-Rescue App!



\*\$36.97 an hour in NJ; Source: “Value of Volunteer Time,” Independent Sector

# ENGAGING THE NEXT GENERATION



Table to Table proudly **partners with more than 40 schools**, through:

- Cafeteria food rescues through our **I-Rescue Lunch** program
- Fresh produce and turkey drives
- Student-led fundraising through **Bag a Lunch, Help a Bunch®**
- Teaching students about food waste and sustainability through assemblies and classroom activities

Together we're engaging a whole new generation of Food Rescue Heroes!

*"It is with great pride that the efforts of our Bloomfield Schools — in partnership with Table to Table — not only helps our local communities but also our planet."*

**— Salvatore Goncalves, Bloomfield Superintendent**

Through our partnerships with universities and Greek organizations, **college students volunteering via the I-Rescue App rescue surplus dining hall food, run food drives, and learn about sustainability.** Seton Hall University's Alpha Gamma Delta chapter runs regular food rescues and hosts sandwich-making events, bringing thousands of meals each month to local pantries.



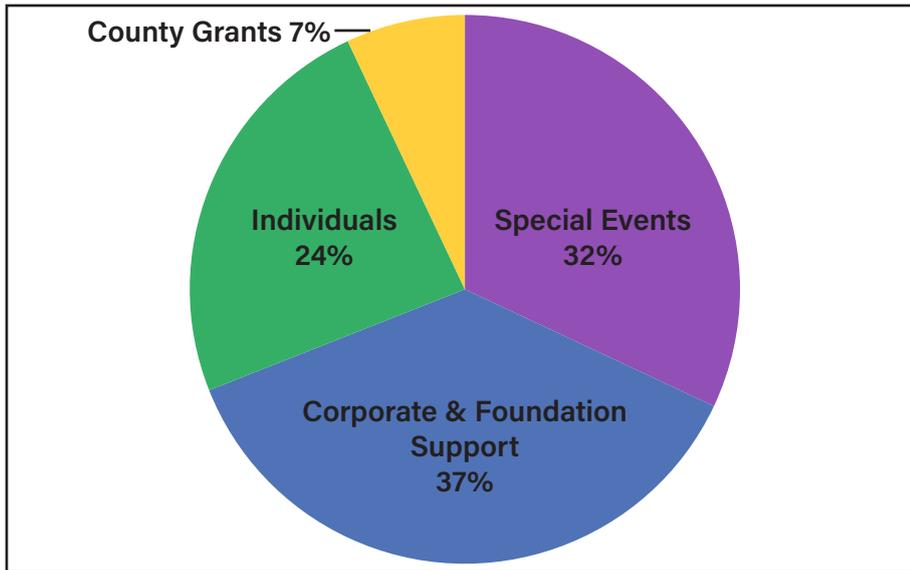
*"Every Friday we connect with Table to Table to run food rescues. Seeing the impact we have on our community means a lot to our girls, and we love what we do."*

**— Raven Ortiz, Alpha Gamma Delta**

**Don't let good food go to waste.  
Become a school partner!**



# OUR FUNDING PARTNERS



Our mission is possible thanks to our funders' incredible generosity and the support of our **corporate, foundation, and philanthropic partners.**

The **grants and contributions** we receive underwrite our work to rescue and deliver millions of pounds of nutritious food.

Join our growing community of funding partners!



# SHAPING THE FUTURE TOGETHER

With our partners, volunteers, and supporters by our side, Table to Table is deeply committed to expanding our food rescue mission in northern New Jersey. **We envision a sustainable future where no good food is wasted, and no neighbor has to go without. And every single meal we rescue together, brings us closer to that vision.**

Our plans for this year are ambitious – bolstering our infrastructure so we can say 'yes' to more and larger perishable food donations; investing in technology to better match food donations to the right communities, at the right times; growing our community of volunteers who rescue food and amplify our mission; and deepening and expanding partnerships to magnify our collective impact.

**Through it all, the needs and voices of our neighbors facing food insecurity remain at the center of our work.** Together, we're transforming surplus food into sustenance – and hope into action. Thank you, and let's keep going!



JOIN THE MOVEMENT.  
GET INVOLVED TODAY!



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